



The content of this abridged course syllabus is not a learning contract and the instructor is not bound to it. It is offered in good faith and is intended as a helpful guide to the student. The official course syllabus will be provided at the first class.

Session/Term:	Summer 2024 (20245)
Course Code:	SAP2545HF L0101
Course Title:	Practicum in Pastoral Counselling
Course Instructor:	Dr. Josephine Lombardi

Course Description:

This course offers an introduction to the theory and practice of pastoral counselling. It includes theoretical presentations, personal reflection, group interaction, and practice counselling.

Prerequisites:

None

Learning Outcomes: Students should:

- Acquire basic knowledge of pastoral counseling; its theory and process.
- Develop counseling skills of listening, questioning, and responding.
- Investigate the resources available for referrals.
- Analyze ethical issues in counseling.
- Reflect on personal issues affecting one's counseling skills.
- Exercise pastoral responsibility with humility.
- Attend to the need for self-care.
- Be equipped with the pastoral capacity to make good judgements and appropriate decisions in their life and ministry within the Church.

Required Text(s):

Eugene C. Kennedy and Sara C. Charles, *On Becoming a Counselor. A Basic Guide for Counselors and Other Helpers.* (New York: Paulist Press, 2017). 4th Edition.

C.S. Lewis, *A Grief Observed.* (New York: Bantam Books, 1961).

David G. Benner, *Strategic Pastoral Counselling. A Short-Term Structured Model.* (Grand Rapids, MI: Baker Academic, 2003). 2nd Edition.

Possible Test(s)/Assignment(s)/Presentation(s):

Observer Forms	10%
2000 Word Reflection	20%
1500 Word Reflection	10%
Referral Assignment	10%
Final Taped Video Exam	35%
Participation	15%

Select Bibliography:

Donald Peel, *The Ministry of Listening. Team Visitation in Hospital and Home*. (Toronto: Anglican Book Centre, 1980).

Gerald Egan, *Exercises in Helping Skills*. (Australia: Thomson Books, 2007).

Richard S. Gula, *Ethics in Pastoral Ministry* (New York: Paulist Press, 1996).