

NEW LAY SPIRITUAL FORMATION SERIES FOR 2023/24

ST. AUGUSTINE'S

SPIRIT & LIFE

SERIES

With fuller retreat days and talks in a more accessible format, we hope this new series will truly nourish both spirit and life!

SAVE THE DATES!

OCTOBER

21

2023

TALK

9:00am-11:00am
in-person & online

DECEMBER

9

2023

ADVENT
RETREAT

9:00am-4:00pm
in-person

FEBRUARY

24

2024

LENTEN
RETREAT

9:00am-4:00pm
in-person

APRIL

27

2024

TALK

9:00am-11:00am
in-person & online

More details on speakers and topics will be released soon. Talks in the *Spirit & Life* Series will cover a range of ethical, pastoral, and theological themes. Retreats will include the celebration of Mass, and the opportunity for Confession, Adoration, and quiet reflection.



ST. AUGUSTINE'S
SEMINARY

[STAUGUSTINES.ON.CA/EVENTS](https://staugustines.on.ca/events)